SPEAKER SHEET

SCORPIO LAMONTE MOSLEY

Motivational speaker · Stylist · ScorpioLamonte.com

About

Scorpio Lamonte Mosley spends his time pulling people out of the middle. He came into Medicare sales from a background in education and relationships, built a name among agents around Orlando, and moved from sales agent to sales manager; an agent he once managed still calls him an awesome mentor. When his role was eliminated, he wanted to say thank you: he felt relief. In the spring of 2024 he gave a keynote at a women's empowerment conference, and he has since made the full leap into speaking, life coaching and styling. He's a husband and the father of four daughters, and this year he ran fifty 5Ks. His book, *The Hope Decision: Confronting Chronic Mediocrity and the Fight to Find Purpose*, is on the way.

What he talks about

- Chronic mediocrity: why "fine" feels safe, and how to know you're stuck in the middle
- Commitment before discipline
- Execution: lining your tactics up with your strategy, in short bursts at 100%
- Identity: being all things to everyone else and nothing to who you are
- His fab five: faith, family, fitness, finance and fashion

In his words

> **"If you commit long enough, you become disciplined."**

> **"And stability feels like the floor, feels like the ceiling. And when it's not the ceiling, it's the floor. We're supposed to build on top of that."**

> **"You can't master anything until you can master yourself."**

As featured on

Closed with Justin Jacobs, Season 4, Episode 5: *He Was Relieved*